

# ST. WALBURG

## Welcome Dr. Mulder



My name is Dr. John Mulder, and I am pleased to announce that I have established a practice in St. Walburg.

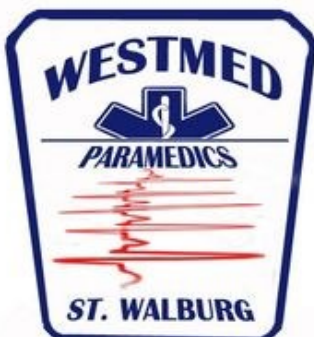
I have had the privilege to practice medicine for the past 35 years. I qualified as a doctor in 1987 from the University of Pretoria in South Africa. I then worked in the hospital in George, South Africa, in the departments of Obstetrics and Gynecology, Neonatology, and Emergency. During my time there, I gained very valuable experience, not only from patient contacts, but also by learning from colleagues and specialists with whom I still have contact with after all these years.

I had the wonderful opportunity to work for 15 years in Turtleford, applying the knowledge and experience from all my years of training and work. In 2006, our family moved to St. Albert for our children's education, and I worked there in a clinic practicing family medicine. I enjoyed the experience of city life and practicing medicine in a city environment. We now reside at Turtle Lake, and for the past year, I have been doing locums in Loon Lake, assisting Dr. Bekker in the care of patients in that community.

With the challenges of rural medicine, which is a passion of mine, combined with the farming community, which is close to my heart, I appreciate the opportunity to work in St. Walburg. I am looking forward to serving and providing care to the patients of the St. Walburg and surrounding area, with the help of all the other health care workers at the clinic. I am very much looking forward to meeting and working with all of you.

Best regards, Dr. Mulder

### WESTMED PARAMEDICS



Starting September 1, 2022, please be advised that Saskatchewan Health Authority has designated West-Med Paramedics Inc. in St. Walburg as an Advanced Life Support ambulance service. An Advanced Life Support ambulance service employs Advanced Care Paramedics who can deliver a higher level of prehospital care such as advanced medications, airway supports, and manage more complex patient care situations.



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**ST. WALBURG & DISTRICT FOOD PANTRY @ THE UNITED CHURCH (117 MAIN STREET)**

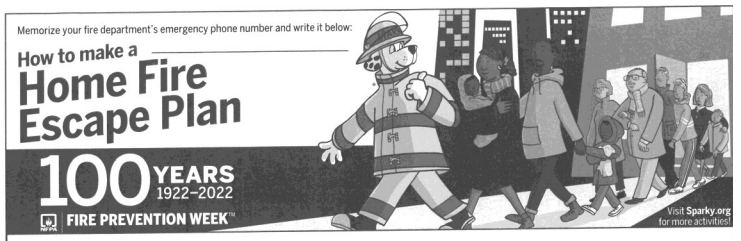
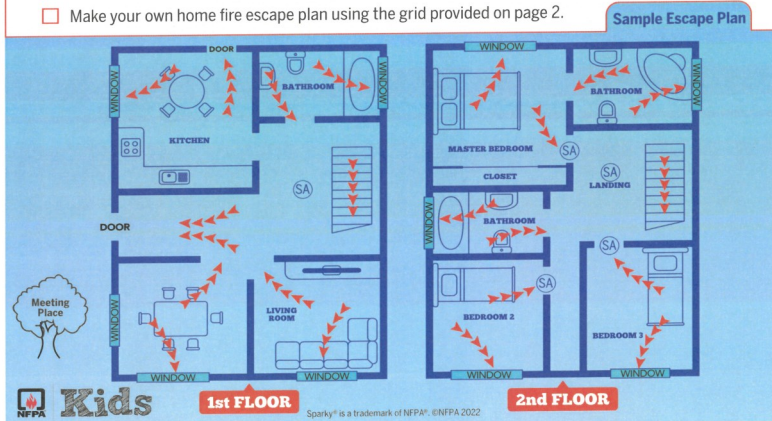
**THIRD THURSDAY OF EACH MONTH FROM 1 PM TO 3 PM**

**Serving St. Walburg, Loon Lake and Paradise Hill  
Contact information: Heather Oberhofer 306.392.9181**

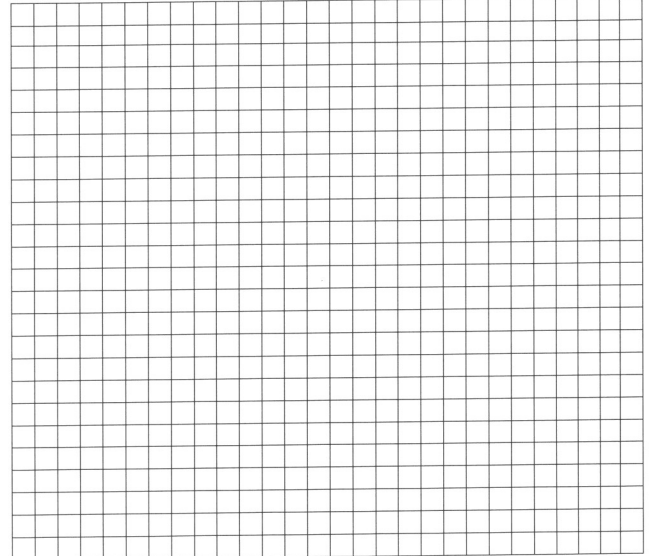




- Draw a map of your home. Show all doors and windows.
- Visit each room. Find two ways out.
- All windows and doors should open easily. You should be able to use them to get outside.
- Make sure your home has smoke alarms. Push the test button to make sure each alarm is working.
- Pick a meeting place outside. It should be in front of your home. Everyone will meet at the meeting place.
- Make sure your house or building number can be seen from the street.
- Talk about your plan with everyone in your home.
- Make sure everyone in your home knows how to dial 911 or your local emergency number.
- Practice your home fire drill!
- Make your own home fire escape plan using the grid provided on page 2.



- Draw a floor plan or a map of your home. Show all **doors** and **windows**.
- Mark **two ways out** of each room.
- Mark all of the **smoke alarms** with **SA**. Smoke alarms should be in each sleeping room, outside each sleeping area, and on every level of the home.
- Pick a family **meeting place** outside where everyone can meet.
- Remember, **practice** your plan at least **twice a year!**



**Crown-ups:** Children don't always wake up when the smoke alarm sounds. Know what your child will do before a fire occurs. Get more information on smoke alarms and escape planning at [www.nfpa.org/factsheets](http://www.nfpa.org/factsheets). Sparky® is a trademark of NFPA. ©NFPA 2022

*“List of seven deadly sins: Wealth without work, pleasure without conscience, knowledge without character, business without morality, science without humanity, worship without sacrifice, and politics without principle..”*

*-excerpt Reader's Digest submitted by Ed Yasinski*



**Volunteer to serve on St. Walburg's Housing Authority Board of Directors—Call for Nominations**

**Who We Are:**  
The St. Walburg Housing Authority (SWHA) is a non-profit, delivering rental housing programs on behalf of Saskatchewan Housing Corporation [SHC], a Government of Saskatchewan Crown Corporation. SWHA and SHC provides a range of programs and services to help Saskatchewan people in the greatest housing need. Our clients are households with low or moderate income, this includes families, seniors, and people with disabilities.

**\* Deadline October 17, 2022**

**What You'll Do:**  
The board or directors will provide efficient and fair governance in the delivery of housing programs, administration of property within its jurisdiction, and developing strategic planning. Board members are not expected to attend to administrative or maintenance tasks personally.

If you are interested in using your knowledge and skills to help others, contact Mayor Nancy Schneider—Nominating Committee Chairperson at (306) 248-3376 for more information and a nomination form.

Nomination forms are available at the Town Office.

**BRIGHTSAND LAKE REGIONAL PARK AUTHORITY**

The Town of St. Walburg bi-annually appoints three members to the Brightsand Lake Regional Park Board which includes two community members and one Councillor.

We are now accepting Expressions of Interest for those representatives for 2023-2024.

The Town will be accepting Expressions of Interest until Wednesday, November 30th, 2022.

The Town will decide on the appointees at the December 15, 2022 Council meeting.

Please forward your expression of interest to:

Town of St. Walburg  
Attention: Councillor Kim Gardner  
PO Box 368, St. Walburg, SK S0M 2T0  
Email: [adminwalburg@sasktel.net](mailto:adminwalburg@sasktel.net)





## HALLOWEEN SAFETY TIPS

- Never ever go trick-or-treating alone.
- Make sure that costumes are short enough to prevent tripping.
- Never go inside a house—accept treats only at the door.
- Don't eat candy until you get home, and be sure your parents check your candy before you eat it.
- Everybody should wear a highly-visible or reflective costume and carry a flash-light or glow stick.
- Stay on sidewalks when possible.
- Only visit houses with porch lights on.
- Watch for our local hero's, the St. Walburg Fire and Rescue volunteers, as they will be keeping our ghosts and goblins safe.

## SASK LOTTERIES GRANT

The Saskatchewan Lotteries Community Grant Program is a partnership among Sask Sport Inc., SaskCulture Inc. and the Saskatchewan Parks and Recreation Association Inc. The grant program assists in the development of sport, culture and recreation programs by providing funds to non-profit community organizations operated by volunteers.

- ⇒ Projects and/or programs must be offered between April 1st, 2022—March 31st, 2023.
- ⇒ Expenditures must be directly related to the delivery of a sport, culture or recreation project.
- ⇒ Groups receiving grants must publicly acknowledge Sask Lotteries within their activity.
- ⇒ Applications are available at the Town Office or call 306.248.3232 and we can email you.



## TRANSFER SITE

- Hours of operation:  
**BY APPOINTMENT ONLY**
- Beginning October 1, the Town will be switching back to once a week garbage collection on Tuesdays. Please have your garbage out at the pick-up location by 7:00 a.m.



RURAL MEDICAL  
TRANSPORTATION  
PILOT



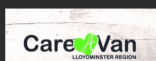
## Rural Non-Emergency Medical Appointment Transportation

Local Initiative for RM of Frenchman Butte,  
RM of Mervin, Paradise Hill, St. Walburg  
and Turtleford residents

# 780.205.1666

## Call for Details

For residents to attend non-emergency medical appointments in North Battleford, Saskatoon, Lloydminster, and Edmonton



# Join the Team



## Environmental/Laundry Services is hiring

The SHA offers employment opportunities in many areas. We are currently looking for EVS to fill a variety of shifts. Safety and on-the-job training is provided. We offer comprehensive benefits and many rewarding career opportunities. Join our team that is focused on improving the health and well-being of the people of Saskatchewan.

Please note casual/relief work contains no set schedule or rotation, however there may be opportunity to work up to full-time hours based on location and need with the ability to apply for part-time and full-time positions as available.

Please contact Carmen Jack at [Carmen.Jack@saskhealthauthority.ca](mailto:Carmen.Jack@saskhealthauthority.ca) for information on EVS opportunities in the NW 2 Areas which includes the communities of Meadow Lake, Goodsoil, and Loon Lake. Starting Wage \$ 18.52

Visit <https://www.saskhealthauthority.ca/Careers> to learn more!

Healthy People, Healthy Saskatchewan

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.



# Join the Team



## Food Services is hiring!

We are currently looking for Cooks—Casual to join the SHA team.

- Safety and on-the-job training is provided.
- We offer comprehensive benefits and many rewarding career opportunities.
- Your work helps improve the health and well-being of the people of Saskatchewan.

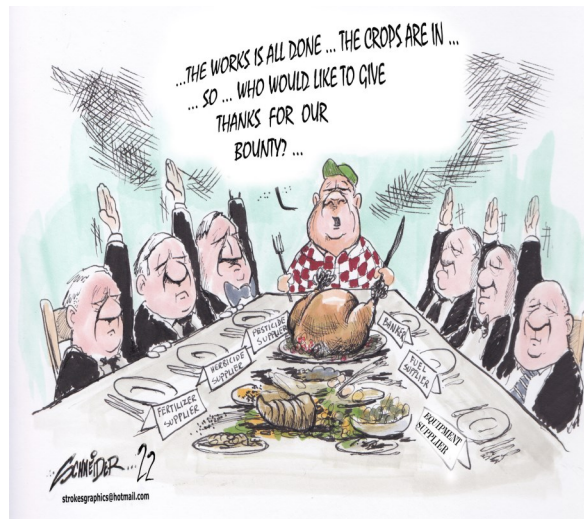
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Please contact Carmen Jack at [Carmen.Jack@saskhealthauthority.ca](mailto:Carmen.Jack@saskhealthauthority.ca) for information on Cook opportunities in the NW 2 Areas which includes the communities of Meadow Lake, Goodsoil, Loon Lake, and St. Walburg. Starting Wage: \$22.72 / hour

Visit <https://www.saskhealthauthority.ca/Careers> to learn more!

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## ST. WALBURG LEGION BINGO

**EVERY SATURDAY AT 2:00 pm**

**EVERYONE WELCOME!! BEGINNING SEPTEMBER 10, 2022**



## CRIB TOURNAMENT AT SENIOR CENTER

ON

**OCT. 2; NOV. 6; DEC. 4, 2022 @ 11:00 a.m.**

**Cost \$10 & Lunch \$10**

## ST. WALBURG CLINIC & LAB SCHEDULE FOR OCTOBER

Schedule is subject to change without notice. Please call the St. Walburg Clinic to confirm at (306) 248-3434

**Town of St. Walburg**  
 PO Box 368  
 134 Main Street  
 St. Walburg, SK  
 SOM 2T0  
 Phone: 306-248-3232  
 Fax: 306-248-3484  
 E-mail: [admin@stwalburg.com](mailto:admin@stwalburg.com)

**Council Meeting:  
 Oct. 20, 2022 4:00 pm**

**Office Closures:  
 October 10, 2022**

Monday	Tuesday	Wednesday	Thursday	Friday
3 NP Robinson LAB	4 Dr. Shafiee Dr. Mulder	5 NP Robinson LAB	6 Dr. Mulder	7 Dr. Mulder LAB
10 <b>STAT HOLIDAY</b>	11 Dr. Shafiee Dr. Mulder	12 LAB	13	14 NP Robinson LAB
17 Dr. Shafiee Dr. Mulder LAB	18 Dr. Shafiee Dr. Mulder	19 Dr. Shafiee NP Robinson LAB	20 Dr. Mulder	21 Np Robinson LAB
24 NP Robinson LAB	25 Dr. Shafiee Dr. Mulder	26 Dr. Shafiee LAB	27 Dr. Mulder	28 Dr. Shafiee LAB
31 NP Robinson LAB				

**EMERGENCY CONTACT:**  
 Should any resident experience a Town Emergency, outside of regular business hours please call the 24-Hour Emergency Line at (306) 248-3447. For all other life threatening emergencies, please call 911.

