



**MARCH 7, 2023—PUBLIC OPEN HOUSE**

The RM of Frenchman Butte and the Town of St. Walburg are holding a joint Public Open House to outline key provisions proposed in the new land use bylaws for the municipalities. When finalized, these bylaws will provide direction to guide land use and development decisions within our respective municipalities.

Professional planners from the Consulting Team will be in attendance to discuss and explain what is being proposed and to answer any questions you may have. We look forward to speaking with anyone interested in reviewing and providing comment on the preliminary policies at the open house.

**Tuesday, March 7, 2023**  
**St. Walburg Seniors Centre**  
**16 Main Street**  
**Town of St. Walburg**  
**Come and Go Anytime Between**  
**4:00 p.m. and 8:00 p.m.**

**INSIDE THIS ISSUE**

- Open House .....1
- Volunteer Appreciation ...1
- Senior Activities.....1
- Brightsand Lake .....2
- Mental Health 1st Aid.....2
- Leadership Award.....3
- Employment Opportunity ..3
- Depression Seminar .....3
- Doctor Schedule .....4

**ST. WALBURG & DISTRICT FOOD PANTRY @ THE UNITED CHURCH (117 MAIN STREET)**

**THIRD THURSDAY OF EACH MONTH FROM 1 PM TO 3 PM**

Serving St. Walburg, Loon Lake and Paradise Hill  
Contact information: Heather Oberhofer 306.392.9181

**ST. WALBURG**

**VOLUNTEER APPRECIATION**

**April 22, 2023**  
**SAVE THE DATE**

VOLUNTEERS DON'T GET PAID, NOT BECAUSE THEY'RE WORTHLESS, BUT BECAUSE THEY'RE PRICELESS.

For more information:  
Kim Gardner 306-392-9015  
Virginia Mowery 306-218-7371  
Email: info@stwalburg.com

**ST. WALBURG SENIOR CENTER**

**UPCOMING EVENTS**

- Mar. 5th Monthly Crib Tournament  
Crib Game \$10 Lunch \$12
- Mar. 7th Monthly Meeting @ 2 p.m.
- Mar. 16th DIY Quilted Table Runner  
1:30 to 4:30 p.m. Cost \$10
- Weekly Chair Exercises  
Every Tues & Thurs. @ 10 a.m.

**FOR MORE INFORMATION PLEASE CALL 306-248-3428**



## TRANSIT RATES

The transit rates are as follows:

- \$5.00 round trip in town
- \$30.00 per month (monthly cards will be available at the Town Office) unlimited trips in town only.
- \$25.00 for 5 trips (cards available at the Town Office) in town.
- Out-of-Town trips are \$1.00 per km starting from St. Walburg.
- For Non-Emergency Medical Transportation, please call 306-218-8188.



### BECOME A MENTAL HEALTH FIRST AIDER

If you've taken a physical first aid course, you've learned the skills needed to help someone experiencing a sudden illness or injury.

People can also have mental health crisis, and it is important that more Canadians know how to provide help in these situations too.

*If I sprain my ankle, chances are you'll know what to do.  
If I have a panic attack, chances are you won't.*

Mental Health First Aid is offered to someone with an emerging mental health problem or in a mental health crisis until appropriate treatment is found or the situation is resolved.

Register now to become a Mental Health First Aider:

**COURSE NAME:** St. Walburg Mental Health 1st Aid

**DESCRIPTION:** There is stigma associated with mental health problems. Evidence shows that taking a MHFA course reduces social distance between the participant and someone experiencing a mental health problem.

**DATE AND TIMES:** April 11 - 12, 2023

**VENUE AND ADDRESS:** St. Walburg Legion  
15 Main Street, St. Walburg

**COST:** \$100.00 includes materials and refreshments

**TO REGISTER, CONTACT:** Shiloh Bronken, Town of St. Walburg  
(306) 248-3232 or adminwalburg@sasktel.net  
RSVP by March 31, 2023

#### What you can expect from this course:

- Gain the confidence and skills to engage someone with an emerging mental health problem or in a mental health crisis.
- Greater recognition of mental health problems.
- Decreased stigma, and
- Improved mental health for yourself.

## e-billing & e-receipts

We would like to thank all the residents who have already signed up to receive their utility bills electronically!

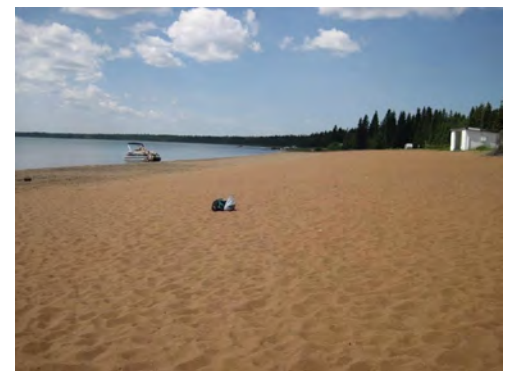
If you are interested in signing up to receive your utility bill electronically—call us at 306-248-3232 and let us know. By adding your email address to your account, you can also receive an electronic receipt whenever you make a payment. No more wondering if we received it, or what your balance owing is—a receipt will be automatically generated when we receive your payment.

Sign up for paperless billing and receive free garbage bags. You must stop in to receive this offer. If you already have paperless, stop in to verify or update your email and you will also receive free garbage bags.

## BRIGHTSAND REGIONAL PARK RESERVATIONS

The online reservation system will be opening on **April 1, 2023 @ noon CST.**

Minimum age to reserve a campsite or cabin is 19, proof of age will be required upon arrival at the park.



A minimum deposit of 50% of stay per site, plus a \$10 non-refundable reservation fee is required and must be paid by Visa or Mastercard at the time of reservation. Damage deposits are required for cabin rentals and all other rentals. This will be charged at the time of the reservation.

Full payment of balance owing **MUST** be paid at the time of check-in.

Online reservations: [brightsand.letscamp.ca](https://brightsand.letscamp.ca)

Information on fees, etc. can be found on the following website: [Saskregionalparks.ca](https://Saskregionalparks.ca)



Mental Health  
Commission  
of Canada

Commission de  
la santé mentale  
du Canada

Mental Health First Aid Canada  
Premiers soins en santé mentale



# Summer Student- Public Works Dept. Town of St. Walburg, SK

The Town of St. Walburg will be hiring for position(s) in the Public Works Department.

**Benefits of the Community:**

The Town of St. Walburg has a progressive attitude and friendly, welcoming atmosphere. St. Walburg with a population of approximately 716 people is a vibrant, growing community located in one of the most beautiful areas in the province.

- Rich agricultural land, cattle/grain, mixed forest, oil, and gas, closely located to lakes, fishing, hunting, golfing, and other outdoor activities with urban access within 60 minutes.
- Complete recreation board offering facilities such as arena, bowling, and curling.
- Services to our community, including but not limited to water, sewer, and garbage removal;
- K-12 school, health clinics, seniors care and facilities, programming for students of all ages including afterschool and summer programs providing homework assistance and a healthy snack program;
- Numerous commercial businesses and new residential developments that are continuously moving forward;
- Additional employment opportunities for spouses with homes available for purchase or rent.

**Position Benefits:**

- Salary range that is negotiable depending on qualifications and experience;
- Seasonal Full-Time position; and
- 40 hours per week, generally Monday thru Friday from 8:00 a.m. until 5:00 p.m.

**Positions/Duties:** Focus areas include but not limited to:

- General outdoor operations of the Town;
- Grass Mowing, Garbage Collection, Filling Potholes, Street Sweeping, Watering of Flower Displays; and
- Any other duties as assigned;

**Qualifications**

- Able to work with minimal supervision.
- Valid Class 5 Driver's License. Team player, First Aid/CPR training considered an asset.

**Apply To:** Candidates are encouraged to apply by sending a **cover letter** with an **up-to-date resume** and **two character references** to [admin@stwalburg.com](mailto:admin@stwalburg.com). We thank all interested candidates for their time and efforts, however only candidates we wish to interview will be contacted.

**CLOSING DATE** March 31, 2023, at 12:00 Noon.

Town of St. Walburg  
P.O. Box 368, St. Walburg, SK S0M 2T0  
Email: [adminwalburg@sasktel.net](mailto:adminwalburg@sasktel.net)



Are you or do you know someone feeling sad, empty, and experiencing a loss of interest in the activities that once seemed enjoyable?

## JOIN OUR FREE SEMINAR ON DEPRESSION

**Main Speaker: Natasha Hydukewich, RN, BScN**  
Provincial Maternal and Children's outreach coordinator for north-west Saskatchewan.

- FRIDAY, MARCH 3, 2023 AT 6 P.M.  
UNDERSTANDING DEPRESSION
- SATURDAY, MARCH 4, 2023 AT 5 P.M.  
HOW CAN DEPRESSION LEAD TO ANXIETY?
- SUNDAY, MARCH 5, 2023 AT 5 P.M.  
DEPRESSION AND LONELINESS

Location: St. Walburg Seventh-day  
Adventist Church, (Beside Home Hardware)  
191 HWY 28 St. Walburg, SK, S0M 2T0

- \*Free Materials & Refreshments will be provided at the end of each session.
- \*Private consultations are available with a previous appointment.
- \*Receive a special gift for coming to all presentations.



**ORGANIZED BY:**  
Seventh-Day  
Adventist Church

For more information, call 306-304-8987 or email us  
at [meadowlake@mansaskadventist.ca](mailto:meadowlake@mansaskadventist.ca)

*"It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade." -Charles Dickens*



P.O. Box 368, St. Walburg, SK S0M 2T0  
(306) 248-3232 • Fax: (306) 248-3484  
[www.stwalburg.com](http://www.stwalburg.com)



P.O. Box 368, St. Walburg, SK S0M 2T0  
(306) 248-3232 • Fax: (306) 248-3484  
[www.stwalburg.com](http://www.stwalburg.com)



**St. Walburg Community Leadership Award Nomination 2023**

January 23, 2023

RE: St. Walburg Community Leadership Award

St. Walburg Town Council is pleased to announce the establishment of the second annual St. Walburg Community Leadership Award.

**Award Criteria:**

This is a merit award and not based on academic performance. To qualify, nominees must be graduating students at St. Walburg School.

Town Council will grant one award of \$1500 per academic year.

Nominations may be submitted to any member of Council or to the Town Office by Town groups, Town citizens, teachers, or fellow students.

Nominations shall include name of the person or group making nomination, name of nominee, and the reasons for the nomination. A *nomination form* is attached.

Examples for nomination range from, but are not limited to, leadership within the student body, volunteerism in the community, or doing the "small things" that improve the life of our residents (example: shoveling walkways without being asked or paid).

The winner will exemplify community spirit and leadership through their talents, positive attitude, and initiative.

Deadline for submission will be March 31 of the current year.

Sincerely,

  
Mayor Nancy Schneidelf

Encl: St. Walburg Community Leadership Award Nomination form

Date: \_\_\_\_\_

I/we nominate the following student for the St. Walburg Community Leadership Award. Our nominee is a graduating student at the Town of St. Walburg and exemplifies community spirit through their talents, positive attitude, and initiative.

Name of person/group making nomination: \_\_\_\_\_

Name of student being nominated: \_\_\_\_\_

Reason(s) for nomination: \_\_\_\_\_

Signature of person(s) making nomination: \_\_\_\_\_

*Note: must be received at Town Office by March 31, 2023.*

**St Walburg Knights of Columbus**  
are hosting a  
**"When Will The Snowman Fall????"**  
**CONTEST**

**Guess the date & time the Snowman will fall over, due to the snow melting.**

**TICKETS \$5.00/Guess**

*If multiple winners, prize money will be split.*

TICKETS AVAILABLE FROM ANY KNIGHTS OF COLUMBUS MEMBER  
OR CALL DENIS @ 306-845-9667

**50/50 Draw**

**In support of our charities.**

Lottery License # SR22-3823






**ST. WALBURG LEGION BINGO**

Ham Bingo April 1st, 2023

**EVERY SATURDAY AT 2:00 pm**

**EVERYONE WELCOME!!**





**Town of St. Walburg**

PO Box 368, 134 Main Street  
St. Walburg, SK SOM 2T0  
Phone: 306-248-3232  
Fax: 306-248-3484  
E-mail: adminwalburg@sasktel.net

**Council Meeting:  
March 22, 2023**

**EMERGENCY CONTACT:**

Should any resident experience a Town Emergency, outside of regular business hours please call the 24-Hour Emergency Line at (306) 248-3447.

For all other life threatening emergencies, please call 911.



**ST. WALBURG CLINIC & LAB SCHEDULE FOR MARCH**

Schedule is subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Dr. Mulder NP Robinson LAB	2 Dr. Shafiee Dr. Mulder	3 NP Robinson LAB
6 Np Robinson LAB	7 Dr. Shafiee	8 Dr. Mulder NP Robinson LAB	9 Dr. Shafiee Dr. Mulder	10 Dr. Shafiee LAB
13 NP Robinson LAB	14 Dr. Shafiee Dr. Mulder	15 Dr. Mulder NP Robinson LAB	16 Dr. Shafiee Dr. Mulder	17 NP Robinson LAB
20 NP Robinson LAB	21 Dr. Shafiee Dr. Mulder	22 Dr. Mulder LAB	23 Dr. Shafiee Dr. Mulder	24 NP Robinson LAB
27 Np Robinson LAB	28 Dr. Shafiee Dr. Mulder	29 Dr. Mulder NP Robinson LAB	30 Dr. Shafiee Dr. Mulder	31 NP Robinson LAB